# Introduction to Organic Vegetable Gardening

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#### Links:

Cover Crops: <a href="http://www.sare.org/publications/covercrops.htm">http://www.sare.org/publications/covercrops.htm</a>

Soil Biology Primer: <a href="http://soils.usda.gov/sqi/concepts/soil\_biology/biology.html">http://soils.usda.gov/sqi/concepts/soil\_biology/biology.html</a>

Soil Survey Web Site: <a href="http://websoilsurvey.nrcs.usda.gov/app/WebSoilSurvey.aspx">http://websoilsurvey.nrcs.usda.gov/app/WebSoilSurvey.aspx</a>

Vegetable Planting Dates: <a href="http://aggie-horticulture.tamu.edu/plantanswers/earthkind/ekgarden14.html">http://aggie-horticulture.tamu.edu/plantanswers/earthkind/ekgarden14.html</a>

Vegetable Variety Selection: http://aggie-horticulture.tamu.edu/publications/veg\_variety/

#### **Books:**

<sup>&</sup>quot;Four Season Harvest" by Eliot Coleman

<sup>&</sup>quot;Hands on Agronomy" by Neal Kinsey

<sup>&</sup>quot;How to Grow More Vegetables (and Fruits, Nuts, Berries, Grains and other Crops) Than You Ever Thought Possible on Less Land Than You Can Imagine" by John Jeavons

<sup>&</sup>quot;McGee & Stuckey's Bountiful Container: Create Container Gardens of Vegetables, Herbs, Fruits, and Edible Flowers" by Rose Marie Nichols McGee & Maggie Stuckey "The New Organic Grower" by Eliot Coleman

<sup>&</sup>quot;Square Foot Gardening" by Mel Bartholomew

<sup>&</sup>quot;Teaming with Microbes: The Organic Gardener's Guide to the Soil Food Web" by Jeff Lowenfels & Wayne Lewis

## **Cool Weather Crops:**

Fava Beans, Beets, Broccoli, Brussels sprouts, Cabbage, Carrots, Cauliflower, Chard, Cilantro, Collards, Kale, Kohlrabi, Lettuce, Mustard, Onions, Parsley, Snow Peas, Sugar Snap Peas, Green Shelling Peas, Radishes, Spinach, Turnips

## **Warm Weather Crops:**

Beans, Corn, Cucumber, Eggplant, Melons, Okra, Southern Peas, Peppers, Pumpkins, Squash (Summer & Winter), Tomatoes

## **Crop Families:**

- · Alliaceae (Onion Family): onion, garlic, leek, shallot, chive
- Apiaceae (Carrot Family): carrot, parsnip, parsley, celery
- · Asteraceae (Sunflower Family): lettuce, chicory, endive, salsify, Jerusalem artichoke
- Brassicaceae (Mustard Family): cabbage, broccoli, cauliflower, Brussels sprouts, kohlrabi, turnip, radish, Chinese cabbage, kale, collards, rutabaga
- Chenopodiaceae (Goosefoot Family): beet, Swiss chard, spinach
- Convolvulaceae (Bindweed Family): sweet potato
- Cucurbitaceae (Gourd Family): cucumber, muskmelon, watermelon, squash, pumpkin, gourd
- Fabaceae (Pea Family): pea, snap bean, lima bean, soybean
- Malvaceae (Mallow Family): okra
- Poaceae (Grass Family): sweet corn, popcorn, ornamental corn
- Solanaceae (Nightshade Family): tomato, pepper, eggplant, potato, husk tomato